



ISSUE 1 • JANUARY 2022



NEW YEAR, NEW YOU!

It's never too late to make positive changes! Let the ROSS program help you! Are you looking to learn a new skill? Do you want to go back to school? Maybe you just need some help to find a new direction to take a different path for your life. Elder's do you need assistance to make your living conditions better? Let's talk! I want to help you get there! Set goals and make a plan! Call me, **Natascha Tilson, ROSS Program Coordinator** today at 910-522-2135 ROSS PROGRAM NEWSLETTER

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LUMBER RIVER UNITED WAY

VITA 2022 Tax Season: How does VITA Work? The Volunteer Income Tax Assistance Program (VITA) is a nationwide, Internal Revenue Service (IRS) sponsored volunteer program that provides free tax preparation services to qualifying taxpayers with less than \$56,000 in household income. The IRS requires that all VITA volunteers complete training and pass a certification test in order to provide tax preparation services to taxpayers.

Schedule an appointment to have your federal and state taxes prepared for free by Certified Tax Preparers. What do you need to Bring?

- All Identification cards
- All Social Security cards
- All Forms (all required intake forms and a list of required tax documents will be emailed to you)

LRUW VITA: Tax Clinics February 8 thru April 16, 2022 (Note: All Tax Appointments are "Drop-Off" Appointments) Margaret Crites, Community Engagement Project Manager Lumber River United Way 308 E. 5th Street Lumberton, NC 28358 (910) 739-4244 Ext. 308 vita@lumberriveruw.org

Mission Statement

The mission of The Lumbee Tribe of North Carolina Vocational Rehabilitation Department is to provide vocational rehabilitation services to any tribal member with a disability living in the service area of Cumberland, Hoke, Robeson and Scotland Counties. The objective of the program is to prepare for, obtain or retain gainful employment. It is our goal to improve the quality of life for tribal members with disabilities.

Program Overview

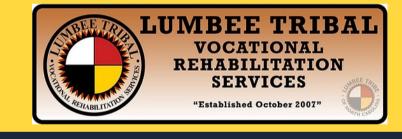
The Lumbee Tribe of North Carolina Vocational Rehabilitation program provides vocational rehabilitation services to any tribal member with a disability living in the tribal service area of Cumberland, Hoke, Robeson, or Scotland Counties. If you are a tribal member suffering from a physical disability, anxiety, depression, other mental health issues, substance or alcohol abuse, learning disabilities, trouble with hearing and/or vision, or other emotional/behavioral disabilities you may be eligible for services. A tribal member may also qualify if he/she feels the disability affects their ability to attain or maintain employment.

Contact Information Celeste Hunt, Program Director Terri Hunt, Administrative Assistant (910) 521.4220

Location 6984 NC Hwy. 711 West P.O. Box 236 Pembroke, NC 28372









RENTAL PANDEMIC RELIEF PROGRAM

Attention Tribal Members or Students Returning to College Are you a Renter? Were you impacted financially by the Pandemic?

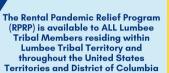


The **Lumbee Tribe of N.C.** Rental Pandemic Relief Program (RPRP) will assist rental households with financial assistance for unpaid rent or utility bills due to the impact of COVID-19.

Eligibility requirements include:

One or more individuals qualifies for unemployment or has experienced a reduction in household income, incurred significant costs, or experienced a financial hardship due to COVID-19; Demonstrates a risk of experiencing homelessness or housing instability; and Has a household income at or below 80 percent of the area median. To be eligible, a household must be obligated to pay rent on a residential dwelling.





e at www.lumbeetribe.com Email completed applications to rentalrelief@lumbeetribe.com ns may be delivered to the drop box at the Soaring Eagle Community Building 442 Norment Rd., Lumberton, NC

eawau

Lumbee Tribe of North Carolina 442 Norment Rd., Lumberton, NC · (833) 684-0592



Friday, March 18 9 AM - 2 PM

Robeson County Fairgrounds 3750 Martin Luther King Jr Dr. Lumberton, NC

STOCK YOUR MEDICINE CABINET FOR FREE!

Free OTC medicine items include cold, cough, flu medicine, pain relief, vitamins, children's medicine, etc. **HOW IT WORKS:**

- Stop by from 9 AM 2 PM for FREE OTC products.
- If you want to request specific medications, you can pre-order online: www.medassist.org/mobile and pick up your order during our event.
- · You may pick up items for a friend or family member.

NO APPOINTMENT OR PRE-REGISTERING REQUIRED.

If you do not pre-register, you can come by and pick up a pre-packaged bag of medication while supplies last.

THIS EVENT IS OPEN TO EVERYONE

BROUGHT TO YOU BY: UNC

HEALTH Southeastern



Kate B. Reynolds Charitable Trust **Investing in Impact U** Care Connections

NC MedAssist is a nonprofit pharmacy providing access to prescription medications to qualified uninsured North Carolina residents. We also provide over-the-counter (OTC) medications at no charge to all through Mobile Free Pharmacy events or at our store location in Charlotte.

Learn how to receive free prescription medication at www.medassist.org.



FINANCIAL ACCOUNTING	TRANSITION ENGLISH	PRECALCULUS	TRIGONOMETRY
ART APPRECIATION	WRITING AND INQUIRY	PRINCIPLES OF	MARKETING
GENERAL BIOLOGY I	WRITING/RESEARCH IN THE DISC	MUSIC APPREC	IATION
GENERAL BIOLOGY II	AMERICAN LITERATURE II	FIT AND WELL F	OR LIFE
ANATOMY AND PHYSIOLOGY I	AMERICAN HISTORY I	PHILOSOPHICA	ISSUES
PRINCIPLES OF MANAGEMENT	AMERICAN HISTORY II	INTRODUCTION	TO ETHICS
INTRODUCTION TO COMPUTERS	CRITICAL THINKING	GENERAL PSYC	HOLOGY
BASIC PC LITERACY	PRECALCULUS ALGEBRA SUPPOR	INTRODUCTION	TO SOCIOLOGY
PUBLIC SPEAKING	QUANTITATIVE LITERACY		
CHILD GUIDANCE	STATISTICAL METHODS I	00/0 10 WE	
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RCC ROCKS!

FREE SERVICES **AVAILABLE TO YOU!**

COMMUNITY COLLEGE

VISIT ROBESON.EDU FOR COMPLETE SCHEDULE!



Need a COVID 19 Vaccine but are homebound? Call CORE!